



**NATIONAL VOLUNTEER WEEK**  
April 16-22, 2023

**49<sup>th</sup>**  
EDITION

## Declaration of the FCABQ for Volunteer Week 2022

THEME:

### LET'S VOLUNTEER IN UNISON!

Volunteering is a movement, a multitude of actions carried out by people who have a shared goal to nourish communities in which mutual aid and solidarity shine.

Volunteering unites us in a common vision of participating where each action makes the next one shine brighter. Regardless of the time commitment or the cause, volunteer involvement has an impact on society and contributes to communities that are more rich and diverse.

Volunteering brings voices together, blends their unique sounds into a concert that resonates across the province.

To be a part of volunteerism is to join a buoyant movement where it feels good to give and receive, no matter the extent or nature of your contribution. When it comes to the heart, there are no small gestures. We can all contribute in our own way, and yet volunteer in unison.

